

# 行情周报

2026年第10期 (总第1149期)

3月16日-3月20日

成交量、成交金额情况表

成交量				单位: 千克			
品种	上周	本周	增减	日均成交量	自营量	代理量	自营:代理
Au995	0.00	0.00	-	0.00	0.00	0.00	-
Au9995	1,040.00	142.00	-86.35%	28.40	100.00	42.00	2.38:1
Au9999	43,492.36	57,485.94	32.17%	11,497.19	43,977.64	13,508.30	3.26:1
100克金条	110.20	137.40	24.68%	27.48	67.50	69.90	1:1.04
熊猫金币30g	0.96	0.30	-68.75%	0.06	0.15	0.15	1:1.00
黄金延期	242,142.00	297,924.00	23.04%	59,584.80	235,702.00	62,222.00	3.79:1
Mini黄金延期	47,322.80	54,895.40	16.00%	10,979.08	39,916.00	14,979.40	2.66:1
黄金单月延期	0.00	0.20	-	0.04	0.20	0.00	-
黄金双月延期	4.80	0.00	-100.00%	0.00	0.00	0.00	-
沪组金TNO6	173.40	193.60	11.65%	38.72	164.70	28.90	5.70:1
沪组金TN12	86.80	104.60	20.51%	20.92	87.80	16.80	5.23:1
PAu99.95	40,500.00	39,800.00	-1.73%	7,960.00	39,800.00	0.00	-
PAu99.99	624,398.40	648,700.00	3.89%	129,740.00	646,995.00	1,705.00	379.47:1
0Au99.95	0.00	0.00	-	0.00	0.00	0.00	-
0Au99.99	54.00	0.00	-100.00%	0.00	0.00	0.00	-
LAu99.95	690.00	3,310.00	379.71%	662.00	3,310.00	0.00	-
LAu99.99	0.00	13,000.00	-	2,600.00	13,000.00	0.00	-
CAu99.99	0.00	400.00	-	80.00	400.00	0.00	-
iAu100g	0.00	0.00	-	0.00	0.00	0.00	-
iAu995	125.00	100.00	-20.00%	20.00	100.00	0.00	-
iAu9999	7,271.00	10,031.60	37.97%	2,006.32	9,875.54	156.06	63.28:1
iPAu99.99	141,236.00	182,002.50	28.86%	36,400.50	182,002.50	0.00	-
iPAu99.5	0.00	0.00	-	0.00	0.00	0.00	-
iPAu99.5HK	0.00	200.00	-	40.00	200.00	0.00	-
iPAu99.99HK	0.00	0.00	-	0.00	0.00	0.00	-
iLAu99.5	0.00	0.00	-	0.00	0.00	0.00	-
iLAu99.99	0.00	0.00	-	0.00	0.00	0.00	-
上海金	8,448.00	10,566.00	25.07%	2,113.20	8,566.00	2,000.00	4.28:1
Pt9995	502.00	912.00	81.67%	182.40	561.00	351.00	1.60:1
Ag99.99	3,720.00	2,400.00	-35.48%	480.00	1,545.00	855.00	1.81:1
白银延期	1,650,448.00	3,097,886.00	87.70%	619,577.20	2,281,443.00	816,443.00	2.79:1
PAg99.99	22,080.00	24,360.00	10.33%	4,872.00	24,210.00	150.00	161.40:1
0Ag99.99	0.00	0.00	-	0.00	0.00	0.00	-
上海银	148,620.00	145,740.00	-1.94%	29,148.00	124,410.00	21,330.00	5.83:1
黄金合计	1,157,095.72	1,318,993.54	13.99%	263,798.71	1,224,265.03	94,728.51	12.92:1
白银合计	1,824,868.00	3,270,386.00	79.21%	654,077.20	2,431,608.00	838,778.00	2.9:1
铂金合计	502.00	912.00	81.67%	182.40	561.00	351.00	1.60:1
总计	2,982,465.72	4,590,291.54	53.91%	918,058.31	3,656,434.03	933,857.51	3.92:1
成交金额				单位: 万元			
品种	上周	本周	增减	日均成交金额	自营成交金额	代理成交金额	自营:代理
Au995	0.00	0.00	-	0.00	0.00	0.00	-
Au9995	119,383.34	15,209.90	-87.26%	3,041.98	10,585.44	4,624.46	2.29:1
Au9999	4,796,985.33	5,969,764.84	24.45%	1,193,952.97	4,524,227.72	1,445,537.11	3.13:1
100克金条	12,603.20	14,968.77	18.77%	2,993.75	7,338.65	7,630.12	1:1.04
熊猫金币30g	110.20	32.81	-70.23%	6.56	16.66	16.15	1.03:1
黄金延期	27,671,058.81	32,307,244.79	16.75%	6,461,448.96	25,573,705.80	6,733,538.99	3.80:1
Mini黄金延期	5,405,461.31	5,985,674.28	10.73%	1,197,134.86	4,357,576.74	1,628,097.53	2.68:1
黄金单月延期	0.00	17.41	-	3.48	17.41	0.00	-
黄金双月延期	460.77	0.00	-100.00%	0.00	0.00	0.00	-
沪组金TNO6	19,831.11	21,243.69	7.12%	4,248.74	18,079.32	3,164.37	5.71:1
沪组金TN12	9,954.93	11,415.97	14.68%	2,283.19	9,584.18	1,831.78	5.23:1
PAu99.95	4,655,622.32	4,421,022.56	-5.04%	884,204.51	4,421,022.56	0.00	-
PAu99.99	71,327,744.22	71,627,871.04	0.42%	14,325,574.21	71,438,359.42	189,511.62	376.96:1
0Au99.95	0.00	0.00	-	0.00	0.00	0.00	-
0Au99.99	6,673.60	0.00	-100.00%	0.00	0.00	0.00	-
LAu99.95	79,005.00	367,410.00	365.05%	73,482.00	367,410.00	0.00	-
LAu99.99	0.00	1,341,400.00	-	268,280.00	1,341,400.00	0.00	-
CAu99.99	0.00	44,678.40	-	8,935.68	44,678.40	0.00	-
iAu100g	0.00	0.00	-	0.00	0.00	0.00	-
iAu995	14,297.00	10,963.00	-23.32%	2,192.60	10,963.00	0.00	-
iAu9999	829,073.04	1,102,672.69	33.00%	220,534.54	1,084,713.71	17,958.99	60.40:1
iPAu99.99	16,143,229.05	19,933,379.79	23.48%	3,986,675.96	19,933,379.79	0.00	-
iPAu99.5	0.00	0.00	-	0.00	0.00	0.00	-
iPAu99.5HK	0.00	20,814.90	-	4,162.98	20,814.90	0.00	-
iPAu99.99HK	0.00	0.00	-	0.00	0.00	0.00	-
iLAu99.5	0.00	0.00	-	0.00	0.00	0.00	-
iLAu99.99	0.00	0.00	-	0.00	0.00	0.00	-
上海金	965,834.94	1,159,316.10	20.03%	231,863.22	936,834.10	222,482.00	4.21:1
Pt9995	27,428.83	47,793.26	74.24%	9,558.65	29,341.43	18,451.84	1.59:1
Ag99.99	8,312.73	4,513.55	-45.70%	902.71	2,893.30	1,620.25	1.79:1
白银延期	3,570,061.03	6,022,228.56	68.69%	1,204,445.71	4,457,443.08	1,564,785.48	2.85:1
PAg99.99	48,539.88	48,308.68	-0.48%	9,661.74	48,030.43	278.25	172.62:1
0Ag99.99	0.00	0.00	-	0.00	0.00	0.00	-
上海银	322,471.01	283,480.03	-12.09%	56,696.01	242,011.64	41,468.38	5.84:1
黄金合计	132,057,328.19	144,355,100.93	9.31%	28,871,020.19	134,100,707.80	10,254,393.13	13.08:1
白银合计	3,949,384.65	6,358,530.82	61.00%	1,271,706.16	4,750,378.45	1,608,152.36	2.95:1
铂金合计	27,428.83	47,793.26	74.24%	9,558.65	29,341.43	18,451.84	1.59:1
总计	136,034,141.67	150,761,425.01	10.83%	30,152,285.00	138,880,427.69	11,880,997.33	11.69:1

**Au99.95一周行情**

日期	开盘价	最高价	最低价	收盘价	涨跌	涨跌幅	加权平均价	成交量 (kg)	成交额 (元)
3/16	1116.50	1116.50	1105.10	1107.38	-21.12	-1.87%	1107.38	10.00	11,073,800.00
3/17	1100.20	1115.20	1100.20	1107.52	0.14	0.01%	1107.52	8.00	8,860,200.00
3/18	1110.00	1111.50	1110.00	1110.21	2.69	0.24%	1110.21	14.00	15,543,000.00
3/19	1091.00	1091.00	1060.01	1081.22	-28.99	-2.61%	1083.00	22.00	23,826,020.00
3/20	1043.50	1148.00	1037.50	1044.98	-36.24	-3.35%	1054.50	88.00	92,796,000.00
一周	1116.50	1148.00	1037.50	1044.98	-83.52	-7.40%	1071.12	142.00	152,099,020.00

**Au99.99一周行情**

日期	开盘价	最高价	最低价	收盘价	涨跌	涨跌幅	加权平均价	成交量 (kg)	成交额 (元)
3/16	1138.00	1140.00	1110.01	1114.61	-16.48	-1.46%	1116.28	8,266.66	9,164,902,864.60
3/17	1117.80	1121.00	1109.00	1115.97	1.36	0.12%	1116.30	10,001.96	10,145,340,921.00
3/18	1115.00	1117.00	1108.00	1111.89	-4.08	-0.37%	1111.39	9,670.34	10,597,475,980.80
3/19	1095.00	1181.00	1057.00	1061.00	-50.89	-4.58%	1078.48	12,733.54	13,355,371,539.20
3/20	1140.00	1140.00	1007.00	1041.59	-19.41	-1.83%	1043.96	16,813.44	16,434,557,066.80
一周	1138.00	1181.00	1007.00	1041.59	-89.50	-7.91%	1085.53	57,485.94	59,697,648,372.40

**Au100g一周行情**

日期	开盘价	最高价	最低价	收盘价	涨跌	涨跌幅	加权平均价	成交量 (kg)	成交额 (元)
3/16	1130.00	1136.95	1110.60	1118.63	-15.64	-1.38%	1117.87	29.80	33,312,756.00
3/17	1118.89	1122.00	1112.44	1118.74	0.11	0.01%	1118.66	16.80	18,793,502.00
3/18	1115.00	1116.00	1109.00	1113.97	-4.77	-0.43%	1112.08	21.80	24,243,400.00
3/19	1091.00	1091.00	1060.00	1066.86	-47.11	-4.23%	1076.74	36.20	38,978,184.00
3/20	1035.50	1057.37	1025.00	1043.31	-23.55	-2.21%	1047.55	32.80	34,359,874.00
一周	1130.00	1136.95	1025.00	1043.31	-90.96	-8.02%	1089.43	137.40	149,687,716.00

**Pt99.95一周行情**

日期	开盘价	最高价	最低价	收盘价	涨跌	涨跌幅	加权平均价	成交量 (kg)	成交额 (元)
3/16	533.27	539.44	520.00	528.65	-12.70	-2.35%	528.71	372.00	196,681,780.00
3/17	542.12	552.72	542.12	548.93	20.28	3.84%	548.72	84.00	46,018,360.00
3/18	540.95	540.95	540.95	540.95	-7.98	-1.45%	540.95	22.00	11,981,900.00
3/19	524.50	530.00	510.00	510.30	-30.65	-5.67%	518.41	290.00	150,340,460.00
3/20	499.80	512.50	488.58	508.88	-1.42	-0.28%	506.32	144.00	72,910,140.00
一周	533.27	552.72	488.58	508.88	-32.47	-6.00%	523.09	912.00	477,932,640.00

**Ag99.99一周行情**

日期	开盘价	最高价	最低价	收盘价	涨跌	涨跌幅	加权平均价	成交量 (kg)	成交额 (元)
3/16	20660	20780	20660	20711	-1106	-5.07%	20711	210.00	4,349,400.00
3/17	20700	20860	20700	20780	69	0.33%	20780	180.00	3,740,400.00
3/18	20249	20249	20249	20249	-531	-2.56%	20249	180.00	3,644,820.00
3/19	19010	19140	18224	18598	-1651	-8.15%	18598	420.00	7,811,160.00
3/20	18450	18450	17860	18148	-450	-2.42%	18148	1,410.00	25,589,700.00
一周	20660	20860	17860	18148	-3669	-16.82%	18806	2,400.00	45,135,480.00

**iAu99.99一周行情**

日期	开盘价	最高价	最低价	收盘价	涨跌	涨跌幅	加权平均价	成交量 (kg)	成交额 (元)
3/16	1133.13	1133.13	1108.83	1113.95	-13.29	-1.18%	1113.54	2,578.52	2,882,916,839.20
3/17	1113.38	1117.85	1107.19	1112.54	-1.41	-0.13%	1114.85	2,827.20	3,151,913,601.80
3/18	1112.01	1113.09	1103.00	1109.22	-3.32	-0.30%	1108.35	1,699.12	1,883,229,066.60
3/19	1081.16	1083.35	1055.24	1058.51	-50.71	-4.57%	1077.04	1,664.14	1,792,352,565.40
3/20	1025.28	1050.99	1010.25	1038.70	-19.81	-1.87%	1042.52	1,262.62	1,316,314,856.80
一周	1133.13	1133.13	1010.25	1038.70	-88.54	-7.85%	1097.54	10,031.60	11,026,726,929.80

**iAu100g一周行情**

日期	开盘价	最高价	最低价	收盘价	涨跌	涨跌幅	加权平均价	成交量 (kg)	成交额 (元)
3/16	-	-	-	-	-	-	-	-	-
3/17	-	-	-	-	-	-	-	-	-
3/18	-	-	-	-	-	-	-	-	-
3/19	-	-	-	-	-	-	-	-	-
3/20	-	-	-	-	-	-	-	-	-
一周	-	-	-	-	-	-	-	-	-

**iAu99.5一周行情**

日期	开盘价	最高价	最低价	收盘价	涨跌	涨跌幅	加权平均价	成交量 (kg)	成交额 (元)
3/16	1119.80	1119.80	1119.80	1119.80	-12.50	-1.10%	1119.80	25.00	27,995,000.00
3/17	1115.30	1115.30	1115.30	1115.30	-4.50	-0.40%	1115.30	25.00	27,882,500.00
3/18	1112.60	1112.60	1112.60	1112.60	-2.70	-0.24%	1112.60	25.00	27,815,000.00
3/19	-	-	-	-	-	-	-	-	-
3/20	1037.50	1037.50	1037.50	1037.50	-75.10	-6.75%	1037.50	25.00	25,937,500.00
一周	1119.80	1119.80	1037.50	1037.50	-94.80	-8.37%	1096.30	100.00	109,630,000.00

PGC30g一周行情

日期	开盘价	最高价	最低价	收盘价	涨跌	涨跌幅	加权平均价	成交量 (kg)	成交额 (元)
3/16	1125.00	1125.00	1125.00	1125.00	-15.00	-1.32%	1125.00	0.06	67,500.00
3/17	1123.00	1123.00	1123.00	1123.00	-2.00	-0.18%	1123.00	0.06	67,380.00
3/18	1100.00	1100.00	1100.00	1100.00	-23.00	-2.05%	1100.00	0.06	66,000.00
3/19	1090.00	1090.00	1090.00	1090.00	-10.00	-0.91%	1090.00	0.06	65,400.00
3/20	1030.00	1030.00	1030.00	1030.00	-60.00	-5.50%	1030.00	0.06	61,800.00
一周	1125.00	1125.00	1030.00	1030.00	-110.00	-9.65%	1093.60	0.30	328,080.00

Au (T+D)一周行情

日期	开盘价	最高价	最低价	收盘价	涨跌	涨跌幅	加权平均价	成交量 (kg)	成交额 (元)	持仓 (手)
3/16	1138.00	1139.02	1109.98	1114.99	-21.58	-1.90%	1118.50	51,452.00	57,549,312,400.00	234,810
3/17	1113.50	1120.30	1109.00	1115.48	-3.02	-0.27%	1115.64	39,198.00	43,731,040,780.00	229,934
3/18	1112.50	1117.25	1107.43	1111.73	-3.91	-0.35%	1111.02	47,378.00	52,638,277,660.00	224,116
3/19	1096.00	1096.66	1056.68	1062.39	-48.63	-4.38%	1077.69	75,754.00	81,639,336,520.00	234,676
3/20	1035.30	1055.00	1002.10	1040.60	-37.09	-3.44%	1040.08	84,142.00	87,514,480,520.00	227,386
一周	1138.00	1139.02	1002.10	1040.60	-95.97	-8.44%	1084.41	297,924.00	323,072,447,880.00	227,386

mAu (T+D)一周行情

日期	开盘价	最高价	最低价	收盘价	涨跌	涨跌幅	加权平均价	成交量 (kg)	成交额 (元)	持仓 (手)
3/16	1138.00	1139.00	1110.00	1115.12	-21.28	-1.87%	1118.06	13,095.40	14,641,521,428.00	709,112
3/17	1114.00	1121.58	1109.00	1115.63	-2.43	-0.22%	1115.94	12,127.60	13,533,687,054.00	677,672
3/18	1114.00	1117.00	1107.54	1111.97	-3.97	-0.36%	1112.27	6,081.80	6,764,618,158.00	629,674
3/19	1096.97	1097.60	1055.07	1060.91	-51.36	-4.62%	1079.27	11,054.20	11,930,519,508.00	619,414
3/20	1038.00	1055.00	1003.04	1040.88	-38.39	-3.56%	1035.89	12,536.40	12,986,396,644.00	582,534
一周	1138.00	1139.00	1003.04	1040.88	-95.52	-8.41%	1090.38	54,895.40	59,856,742,792.00	582,534

Ag (T+D)一周行情

日期	开盘价	最高价	最低价	收盘价	涨跌	涨跌幅	加权平均价	成交量 (kg)	成交额 (元)	持仓 (手)
3/16	21150	21334	19800	20077	-1243	-5.83%	20214	288,302.00	5,827,842,746.00	2,886,542
3/17	20010	20709	20010	20330	116	0.57%	20404	172,512.00	3,519,942,440.00	2,887,258
3/18	20110	20378	19559	19966	-438	-2.15%	19867	1,668,560.00	33,150,682,290.00	2,900,004
3/19	19716	19716	17636	17990	-1877	-9.45%	18820	448,610.00	8,442,963,722.00	2,902,818
3/20	17505	18550	16119	17780	-1040	-5.53%	17851	519,902.00	9,280,854,426.00	2,918,764
一周	21150	21334	16119	17780	-3540	-16.60%	19440	3,097,886.00	60,222,285,624.00	2,918,764

SHAU一周行情

日期	早盘基准价	午盘基准价
3/16	1117.00	1117.17
3/17	1115.87	1114.86
3/18	1111.53	1112.41
3/19	1080.30	1061.35
3/20	1044.04	1038.52

SHAG一周行情

日期	早盘基准价	午盘基准价
3/16	20047	20256
3/17	20385	20351
3/18	19946	19930
3/19	19030	18141
3/20	18434	17863

**交割情况表**

单位：千克

	黄金	白银
本周交割量	236,376.84	148,140.00
本周成交量	431,581.04	3,246,026.00
本周交割比	54.77%	4.56%
累计交割量	2,142,487.62	1,538,550.00
累计成交量	4,210,768.42	28,360,642.00
累计交割比	50.88%	5.42%

注：交割情况表中，交割量与成交量均不含询价数据

**上海黄金交易所指定仓库库存周报**

单位：千克

交割品种	上周库存	本周增减	本周库存
白银	275,850.00	24,660.00	300,510.00